

Midleton Hillwalking Club

Sunday Walks September 2018 – February 2019

DATE	ROUTE DESCRIPTION	LEADER	START TIME
Sun 02/09/2018, B Walk	(TBC)	(TBC)	8.45 am
Sun 09/09/2018, C Walk	Knockadoon	Jim O'Mahony	9.00 am
Sun 16/09/2018, B Walk	Glounreagh River Loop	Frank Chandler	8.45 am
Sun 23/09/2018, C Walk	Kings Yard Loop	Tim Mc Sweeney	9.00 am
Sun 30/09/2018, B Walk	Mangerton	Sharon Burns	8.45 am
Sun 07/10/2018, C Walk	Slieve na mban	Helen Baverstock	9.00 am
Sun 14/10/2018, B Walk	Laughlin's Castle	Frank Chandler	8.45 am
Sun 21/10/2018, C Walk	Kinsale	Ann Walsh	9.00 am
Sun 28/10/2018, B Walk	The Long Hill Loop	Niall Shannon	8.45 am
Sun 04/11/2018, C Walk	Cruachan Loop Dungarvan	Mary Dineen	9.00 am
Sun 11/11/2018, B Walk	Comeraghs	Tim Mc Sweeney	8.45 am
Sun 18/11/2018, C Walk	River Illen Loop	Jimmy Collins	9.00 am
Sun 25/11/2018, B Walk	Knockmealdowns	Sharon Burns	8.45 am
Sun 02/12/2018, C Walk	Muckross lake /Torc waterfall (Note: 8.30am start time)	Sharon Burns	8.30 am
Sun 09/12/2018, B Walk	Mount Melleray Loop	Frank Chandler	8.45 am
Sun 16/12/2018, C Walk	Aghada/Whitegate	Jimmy O Leary	10.30 am

DATE	ROUTE DESCRIPTION	LEADER	START TIME
Sun 23/12/2018, B Walk	Kings Yard Loop (Mince Pies Walk)	Tim McSweeney	8.45 am
Sun 30/12/2018, C Walk	Fota Estate	Helen Baverstock	9.00 am
Sun 06/01/2019, B Walk	Knockmealdowns	Sharon Burns	8.45 am
Sun 13/01/2019, C Walk	Inniscarra	Terese Harnett	9.00 am
Sun 20/01/2019, B Walk	Galtees Kings Yard	Ray McAvoy	8.45 am
Sun 27/01/2019, C Walk	Ballyhouras	Ann Walsh	9.00 am
Sun 03/02/2019, B Walk	TBC	TBC	8.45 am
Sun 10/02/2019, C Walk	Glenshalane / Mount Mellary loop	Helen Baverstock	9.00 am
Sun 17/02/2019, B Walk	Ballyhouras	Ray McAvoy	8.45 am
Sun 24/02/2019, C Walk	Blackrock glen	Mary Dineen	9.00 am

Walk Grades

Grade A Walks: these walks require a high level of fitness. Generally, they are not less than 5 hours duration and can often have ascents of 1000 m or more. Grade A walks usually start at 7.00 am. Please note that only registered club members can participate in Grade A walks.

Grade B Walks: these walks are generally 4 to 5 hours duration with a climb usually of not less than 500 m. Grade B walks usually start at 8.45 am although some start at 7.00 am. Please note that only registered club members can participate in Grade B walks.

Grade C Walks: these can be up to 4 hours duration and vary from track, forest or river routes to walks with moderate climbs often up to 500 m. Grade C walks usually start at 9.00 am

Please note:

- Members participate at their own risk. All club members and non-members are responsible for their own involvement. Club insurance cover is extremely limited.
- Members meet at the Maxi Zoo Car Park in Midleton prior to times listed (listed times are departure times)
- Walks and Leaders are subject to change at the discretion of the walk leader.
- For non-club members participating, please complete a disclaimer form prior to travel.
- Our club has a very flexible policy with leaders and can alter walks provided alternative arrangements are put in place.
- To contact the Sunday walks coordinator, email sundaywalks@midletonhillwalkers.com